

# BioGenistein Ultra™

FEMALE BALANCING FORMULA

4Life®

## Your body is changing. Your life doesn't have to.

As a woman, you take your health seriously. You want to do everything you can to enjoy life to the fullest for years to come. Feminine support, including hormone balance, gives you the capacity to feel great, have additional energy, sleep like a baby, enjoy a healthy sex drive, look your best, and help your body systems operate reliably.

Estrogen is one of the hormones your body uses every day to maintain harmony and keep you moving. It plays a role in everything from healthy bones and cholesterol levels, to memory, libido function, and the maintenance of healthy body weight.

Just like other natural processes in your body, estrogen production changes over time. But there's good news. All that careful eating and exercising you've been doing to stay fit and feel young, continues to help you. Diet and exercise have both been linked to promoting healthy hormone levels throughout life. In addition, quality nutritional supplementation can give you vital hormonal support for that added edge.

BioGenistein Ultra from 4Life® is formulated to provide well-rounded support for women of all ages. It includes natural soy isoflavones, or phytoestrogens ("phyto" meaning plant-derived), Black Cohosh, Dong Quai, and other ingredients to promote normal hormone levels, healthy female system balance, and a positive mood, all brimming with an added antioxidant punch.

## Key Points

- **Healthy Hormone Levels:** Genistein is an active isoflavone mostly found in soybeans that has been shown to promote healthy hormonal levels in the body and may be helpful in cases of estrogen excess.
- **Female System Support:** The ingredients in BioGenistein Ultra provide synergistic support for the female reproductive system. Black cohosh and Dong quai are included in the formulation, both widely known for their menopausal and menstrual assistance.
- **Antioxidant Boost:** Adding to its hormonal and female system support properties, BioGenistein Ultra supports the health of the entire body by providing crucial antioxidant support with ingredients such as quercetin and turmeric.
- **Promotes Positive Mood:** A healthy attitude and positive outlook on life are paramount to good physical and emotional health. BioGenistein Ultra includes magnolia extract, L-theanine, and eleuthero extract to support a positive mental attitude so you can tackle life with happiness and vigor.

## Did you know?

Studies on Asian countries such as China, Japan, and Korea show a lower percentage of hormonal problems. Researchers believe this is a result of a higher soy intake than most Western cultures, and particularly the isoflavone content of the soybean.

Dong quai, an aromatic herb that grows in China, Korea, and Japan, enjoys a wide reputation as an all-purpose herb for women.

Black cohosh has a long history in natural medicine, and was commonly used in Native American medicine for its ability to support female health.

## Technical Point

- Studies suggest that soy isoflavones have many health benefits that include healthy cholesterol levels and cardiovascular system support.



**DIRECTIONS:** Take two (2) capsules daily with 8 oz of fluid.

**Serving Size:** One (1) Capsule  
**Servings Per Container:** 60

## Supplement Facts

Amount Per Serving		%DV
<b>Hormone Balance Blend</b>	<b>400 mg</b>	*
Black Cohosh Extract		
Dong Quai Extract		
Chaste Tree Extract		
Soy isoflavone extract (contains 35 mg of genistein and genistin and 40 mg of total isoflavones)		
<b>Mood Balance Blend</b>	<b>138 mg</b>	*
Magnolia Extract		
L-Theanine		
Eleuthero Extract		
Quercetin	35 mg	*
Turmeric Extract	25 mg	*
*Daily Value (DV) not established		
Other Ingredients: gelatin capsule		

## Ordering Information

Item # 22510 - 60 ct/bottle

Item # 22511 - 12 for the price of 11