

### Time-Tested Thyroid Support

A weight management program requires commitment and focus in order to enjoy the kind of health and vitality your body is craving. In addition, research has uncovered that certain organs, glands, and systems within the body must work properly for optimum weight management to be achieved. One such gland is the thyroid. Located in your neck, the thyroid produces essential hormones that regulate several bodily functions, including your metabolism. Proper thyroid hormone release is vital in promoting a healthy metabolic rate.

MetaboLite from 4Life® is a time-tested product, used by thousands of people for over a decade. It includes bladderwrack to nourish and promote a healthy functioning thyroid. This formula also features natural enzymes from papaya, pineapple, and globe artichoke to support the digestive system, another important key to weight management. Finally, wide-spectrum phytonutrients from spirulina and sage contribute to cellular nutrition.

### Key Points

- **Balanced Thyroid for Weight Management:** Maintaining the health of the thyroid affects the health of the entire body, including optimum metabolism regulation. Bladderwrack is included in the MetaboLite formulation for its high content of iodine, which the thyroid uses to produce adequate levels of hormones that are crucial in maintaining normal energy levels and a healthy weight.
- **Digestive System Support:** When your body utilizes food properly it provides for proper cell nutrition, in turn promoting healthy eating habits. Enzymes aid the body in the breakdown of proteins, sugars, carbohydrates, and fats, facilitating healthy daily nutrient absorption. MetaboLite includes enzymes papain and bromelain derived from papaya, pineapple, and globe artichoke to provide excellent digestive support.
- **Cellular Nutrition Support:** Wide-spectrum phytonutrients from Hawaiian spirulina and sage contribute to the health of your cells. Hawaiian spirulina provides a super-concentrated source of beta carotene, as well as vitamin B12. It also promotes normal hair and nail growth, and supports healthy energy levels. Sage provides important antioxidant benefit for the body, supports the brain and nervous system, and promotes normal levels of inflammation.

### Did you know?

Shaped like a bow tie, the thyroid is located in the lower part of your neck, below your larynx and just above the collarbone.

Bladderwrack is a class of brown algae or seaweed that grows naturally on the northern Atlantic and Pacific coasts of the United States and on the northern Atlantic and Baltic coasts of Europe.

### Technical Points

- Though it weighs barely an ounce, the thyroid gland has some pretty heavy responsibilities in the body, secreting hormones that support a wide range of functions including weight control, heart rate, cholesterol levels, muscle strength, skin condition, and eyesight.



**DIRECTIONS:** Take one (1) capsule 30 minutes before each meal.

**Serving Size:** One (1) Capsule  
**Servings Per Container:** 60

### Supplement Facts

Amount Per Serving	%DV
Bladderwrack (leaf)	140 mg *
Red Wheat Fiber (seed)	70 mg *
Hawaiian Spirulina Pacifica	40 mg *
Sage (leaf)	35 mg *
Frangula Extract (bark)	20 mg *
Papaya (fruit)	18 mg *
Pineapple (fruit)	18 mg *
Papain (from papaya fruit)	17 mg *
Bromelain (from pineapple fruit)	17 mg *
Artichoke (leaf)	15 mg *

\*Daily Value (DV) not established

Other Ingredient: gelatin, xanthan gum, locust bean gum, rice bran.

### Ordering Information

Item # 1005 - 60 ct/bottle

Item # 1006 - 12 for the price of 11