

### Clean as a whistle

Breaking down the food you eat for breakfast, lunch, and dinner—day in and day out—and then supplying your body with fundamental nutrients isn't an easy job. To get the most out of your daily menu and provide your body with the energy and vitality you expect, your digestive system needs to be strong, healthy, and clean as a whistle.

Cleansing the gastrointestinal tract on a regular basis goes a long way to promoting a digestive system that's up to the challenge of daily living. PhytoLax from 4Life® provides a thorough, yet gentle option for healthy gastrointestinal function. It promotes proper and regular elimination of waste from the body and supports regularity in the gastrointestinal tract, which can then be maintained by healthy eating and exercise.

### Key Points

- **Promotes Healthy Digestive Function:** PhytoLax includes cascara sagrada to gently stimulate and cleanse the colon. Ginger provides further support as it soothes and tones the muscles of the digestive tract. These herbal extracts stimulate the under-used muscles of the colon, encouraging healthy function of the entire gastrointestinal tract.
- **Supports Regularity:** Black walnut and alder buckthorn promote healthy regularity, supporting the normal elimination of waste from the body.
- **Promotes Optimal Nutrient Absorption:** Establishing regularity within the digestive system provides important support for the health and well-being of the entire body. When the gastrointestinal tract is clean of debris and able to perform its functions, your body is better able to assimilate nutrients and utilize them properly.

### Did you know?

As part of the digestive system, the gastrointestinal tract includes the stomach, small intestine, and large intestine. The colon, part of the large intestine, extends from the cecum to the rectum.

### Technical Points

- PhytoLax is designed as a perfect complement to the benefits of a semi-annual cleanse from Fibre System Plus™.



**DIRECTIONS:** Take one to two capsules per day as needed with 8 oz of fluid.

**Serving Size:** One (1) capsule  
**Servings Per Container:** 60

### Supplement Facts

Amount Per Serving		%DV
Alder Buckthorn (bark)	100 mg	*
Cascara Sagrada (bark)	95 mg	*
Ginger (root)	90 mg	*
Parsley (leaf)	35 mg	*
Black Walnut (hull)	30 mg	*
Frangula Extract (bark)	20 mg	*

\*Daily Value (DV) not established  
 INGREDIENTS: xanthum gum, gelatin capsule, magnesium stearate Ko

### Ordering Information

Item # 7080 - 60 ct/bottle

Item # 7081 - 12 for the price of 11