

Sometimes it's those extra little bits of goodness that make a big difference in the way you live and enjoy life. Running that extra mile, basking in the sun, choosing cold crisp fruit over "fruit-flavored snacks," and adding some nutritional pep to your diet are all great ways to round out your daily health regime and maintain body vitality.

4Life's Rite Life blends nourishing herbs and trace minerals to supply your body with outstanding health support for your heart, brain and eyes. Formulated as a daily general-health tonic, Rite Life gives you a nutritional edge that promotes mental and physical wellness. It's formulated with a proprietary blend of Ionic Rare Earth Minerals and multiple herbal extracts including Ginseng, Echinacea, Hawthorn, and Ginkgo Biloba, in a liquid solution that promotes optimum bioavailability.

Key Points

- **Antioxidant Protection:** Free radicals, natural by-products of oxygen, take their toll on body system functions and cellular health. Rite Life combines the antioxidant properties of Hawthorn, Ginkgo Biloba, and eye-friendly antioxidants from Bilberry, to help protect your body from the destructive effects of free radicals.
- **Ionic Rare Earth Minerals:** Minerals are found in every cell of the body and are vital to mental and physical well-being. Zinc, copper, selenium, iron, and other essential trace minerals are provided in a balanced ionic form to help ensure quick and efficient nutrient absorption and promote health.
- **Key Herbal Extracts:** Bilberry, Hawthorn, and *Ginkgo biloba* extracts are combined to support healthy blood circulation and oxygenation to vital organs of the body, which:
 - Promotes healthy memory and concentration levels
 - Supports mental and physical well-being
 - Supports healthy cardiac function
 - Promotes eye health

Did you know?

Minerals belong to two groups: bulk minerals and trace minerals. Bulk minerals include calcium, magnesium, sodium, potassium and phosphorus. They are needed in larger amounts and vital to healthy life. Trace minerals are only needed in minute quantities, but also important for good health. Trace minerals include boron, chromium, copper, germanium, iodine, iron, manganese, molybdenum, selenium, silicon, sulfur, vanadium and zinc.

"Minerals are needed for the proper composition of body fluids, the formation of blood and bone, the maintenance of healthy nerve function, and the regulation of muscle tone, including that of the muscles of the cardiovascular system."

—James F. Balch, M.D., Phyllis A. Balch, C.N.C. "Prescription for Nutritional Healing: second edition"

Technical Points

- Antioxidants act as protectors for cells, supporting healthy function throughout the body. They work by binding to free radicals, a negative by-product of the oxygen process, and donating an electron to transform the free radical into a non-threatening compound.



DIRECTIONS: Drink 1/2 to 1 oz. daily undiluted or mixed with beverage of your choice. Shake well before using. Refrigerate after opening.

Serving Size: Three (3) teaspoons (1/2 fl. oz.)

Supplement Facts

Amount Per Serving	%DV
Calories	30
Total Carbohydrate	8 g 3%†
Sugars	5 g *
Vitamin C (as ascorbic acid)	200 mg 400%
Sodium (from ionic rare earth minerals)	28 mg <1.5%
Cranberry (fruit)	44 mg*
English Hawthorn, Dried English Hawthorn berry extract,	240 mg (1:6) in 95% ethanol, 40 mg*
Ginkgo Biloba, Dried <i>Ginkgo biloba</i> leaf extract,	240 mg (1:6) in 95% ethanol 40 mg*
Licorice, Dried Licorice root extract,	360 mg (1:25) in water 14 mg*
Caffeine,	13 mg*
Korean Ginseng, Dried Korean Ginseng root extract,	360 mg (1:29) in water, 12 mg*
Guarana, Dried Guarana seed extract,	360 mg (1:29) in water, 12 mg*
Cat's Claw, Dried Cat's Claw bark extract,	360 mg (1:63) in water, 6 mg*
Ionic Rare Earth Minerals,	6 mg*
Bilberry, Dried Bilberry fruit extract,	360 mg (1:121) in water, 3 mg*
Grapeseed, Dried Grapeseed extract,	360 mg (1:309) in water, 1 mg*

*Daily Value not established

†Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: High fructose corn syrup, water, alcohol, malic acid potassium sorbate, citric acid, sodium benzoate, Ionic Rare Earth Minerals (tin, titanium, rubidium, calcium, zinc, copper, germanium, potassium, gallium, iron, cadmium, boron, silver, cesium, gold, platinum, cobalt, silicon, manganese, chromium, strontium, iodine, molybdenum, antimony). [Ko]

Ordering Information

- Item # 6004 - 16 oz bottle
- Item # 6005 - 12 (16 oz) for the price of 11
- Item # 6006 - 64 oz bottle
- Item # 6007 - 12 (64 oz) for the price of 11