

Shape-Fast® Ultra

PEAK ENERGY FORMULA



Energizing your weight management efforts

So, you're ready to manage your weight. This time you are going to do everything right—eat a healthy diet, stay strong during your potato chip and sugar cravings, and exercise. You can see yourself doing all of it right now, as you stand in the dressing room at the mall staring at three pair of the same style pants you want to try on. One pair in hopes you have gone down a size since your last visit, one pair that will probably really fit and the third pair for, well, let's not even go there.

Now you can experience the energy and vitality that comes with good health and an active, lean body through the dietary support of Shape-Fast Ultra. Shape-Fast Ultra utilizes the principle of thermogenesis to provide safe and effective metabolic system support, as well as the patented Transfer Factor E-XF ingredient for superior immune support. It synergistically combines the proprietary ingredient ForsLean with guarana, chromium, ginseng, green tea and cocoa almond extract to promote healthy appetite control, healthy energy levels and enhanced fat burning capability.

Key Points

- **Thermogenesis:** Thermogenesis is your body's main fat-burning mechanism. Proven to be both safe and effective, thermogenesis works by creating heat within the body and naturally increasing the metabolic rate. This in turn helps the body burn more of the calories you consume and the calories you have stored as fat. Small safe increases in thermogenesis can mean large changes in the number of calories you burn each day.

ForsLean is a proprietary ingredient that has been patented for its use in promoting lean body mass. It is made up of the active compound Forskolin, which is known for its ability to stimulate healthy metabolic function and thermogenesis.
- **Healthy Appetite Control:** The ingredients in Shape-Fast Ultra have been shown to help support hunger instincts and a healthy appetite. Ginseng and chromium have both been shown to balance glucose levels, which can help diminish food cravings and unhealthy eating. In addition, guarana is an herb that has been shown to aid in promoting thermogenesis in the body and helping to reduce food cravings.
- **Energy:** In addition to many other tremendous benefits, guarana, ginseng, chromium, green tea and cocoa almond extract are included in Shape-Fast Ultra to help support energy levels and healthy stamina. Healthy energy levels are said to be a critical element to beginning and maintaining an exercise program as well as preparing healthy meals and improving overall attitude.

Did you know?

It's never too late to start a weight management program that includes healthy eating, supplementation and exercise. Even if it's just a walk around the block every day, the most important thing is to get moving.

Maintaining or improving lean body mass while shedding extra pounds of fatty tissue has been advocated by the Centers for Disease Control. Lean body mass is important because it has been recently recognized as an independent, positive predictor of one's cardiovascular health and overall health.

Technical Point

- Forslean is derived from an active compound called Forskolin, an ingredient in the herb Coleus forskohlii. This herb was used in alternative medicine for many years in India, Sri Lanka, Thailand and Nepal before Forskolin was discovered during the 1970s.



DIRECTIONS: Take one (1) capsule before breakfast, lunch and dinner (if desired), with 8 oz of water. Do not take more than four (4) capsules per day.

Serving Size: One (1) Capsule
Servings Per Container: 100

Supplement Facts

Amount Per Serving		%DV*
Niacin	10 mg	50%
Vitamin B	61 mg	50%
(as pyridoxine hydrochloride)		
Vitamin B12 (as cyanocobalamin)	20 mcg	300%
Selenium (selenomethionine)	18 mcg	25%
Chromium (glycinate-nicotinate)	25 mcg	21%
Guarana (40% caffeine)	170 mg	**
ForsLean® Coleus forskohlii Extract (20% Forskolin)	40 mg	**
Acetyl-L-Carnitine	100 mg	**
Alpha Lipoic Acid	25 mg	**
Proprietary Blend	247 mg	**
Transfer Factor E-XF™ A patented concentrate of transfer factors and other natural components from cow colostrum and egg sources.		
Cocoa-Almond Extract		
White Willow (bark)		
Green Tea Extract (90% epicatechin)		
Potassium		
Cayenne		
Panax Ginseng (24% ginsenosides)		
Ginkgo biloba (24% / 6%, glycosides / terpenes)		

* Reference Daily Intakes (RDI)

**Daily Value (DV) not established

Other Ingredient: gelatin capsule.

Ordering Information

Item # 27555 – 100 ct blister pack